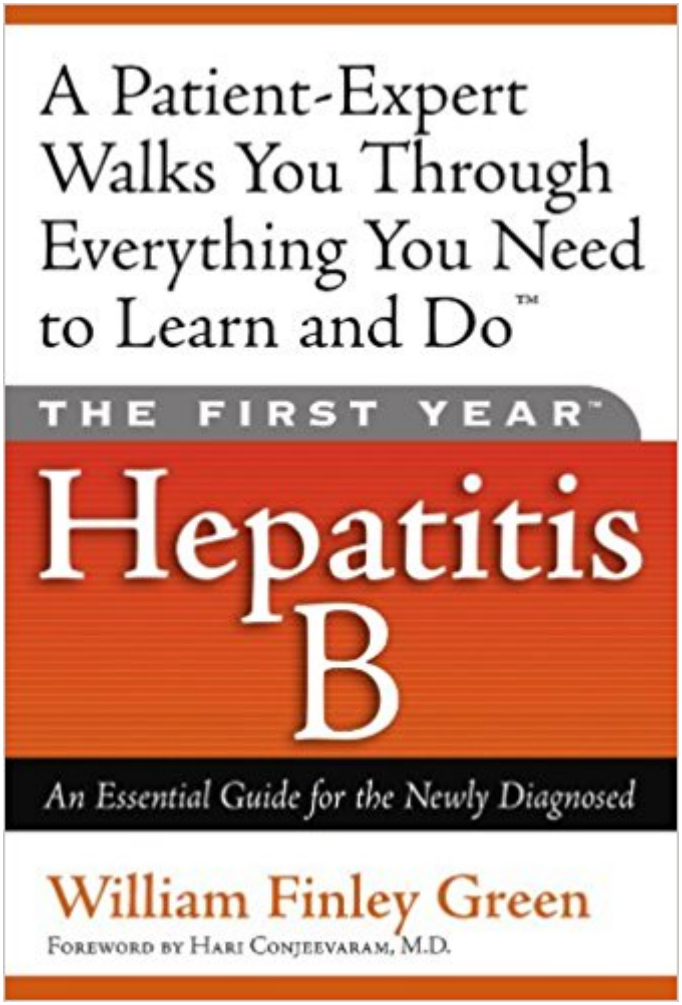
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The First Year---Hepatitis B: An Essential Guide For The Newly Diagnosed



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Synopsis

The hepatitis B virus causes an estimated one million deaths each year worldwide, and despite the availability of a hepatitis B vaccine, a combined lack of awareness and educational resources has turned this virus into a deadly epidemic. Author William Finley Green, who has lived with hepatitis B for almost twenty-five years and has become an expert on the condition, guides those newly diagnosed step-by-step through the first year following diagnosis. He provides charts and tables, crucial information about the nature of the disease, treatment options, diet, exercise, social concerns, the myriad of emotional issues that accompany the diagnosis, and much more. The First YearÃ¢â Â¢—Hepatitis B will be an invaluable guide for everyone struggling to come to terms with their hepatitis B diagnosis.

Book Information

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Customer Reviews

WILLIAM FINLEY GREEN is an artist, writer and Italian translator. He has a degree in English from Oberlin College, and has spent ten years abroad in England, France and Italy. He specializes in marketing, branding and pharmaceutical translations for major multinational companies. Will was officially diagnosed with hepatitis B in 1993, but has been living with hepatitis since childhood. He lives in Chicago and Wisconsin.

As a medical student who has scoured all of my pathology and microbiology texts for useful information regarding HBV, I was pleasantly suprised to find a book that was so informative. Mr.

Green refers to himself as a patient-expert, and he does not disappoint. The information that he provides in this book is very helpful for the newly diagnosed. He explains every detail in an understandable way and provides you with tools that will help patients combat this disease.I was suprised by what little information I could find regarding the treatment of this disease. I explored the HBV websites, pathology textbooks, and other HBV related books and was amazed by what little help they provided regarding treatment as well as self-treatment of HBV. Mr. Green provides tips on exercise, diet, and supplementation which for me was key. He also provides keys to reading your blood work, biopsies, and other labwork that you are destined to go through again and again as an HBV patient. It is a little dated in some of the drug now used in the treatment of HBV, which is expected because of the constantly changing and advancing pharm. industry.As a future healthcare provider I will suggest this book to any HBV patient that I encounter in practice. As an HBV suffer it is a must if you plan to help your doctor by self-management of this disease. As a patient you have to do your part in the management of your disease.

Everything good about the transaction except that it took a full 2 weeks to get here. I know that is within the stated shipping time. However, the usual shipping time for things is much shorter. In fact, I received an initial request for feedback way before it got here.John

Like what Will mentioned within the book, I am glad that I found this book. I am sorry that I have to find this book.It is surprising that this book only have 5 people reviewing. I would not be surprised if 500 people were giving this book 5 stars. The information is pretty much comprehensive from enzyme glossary to the topics that one may be considering as treatment such as reiki. I love the writing style. Will presents the information way better than the cold hard facts of wikipedia. The writer has HBV and knows certainly how people will likely to respond to the disease. I certainly feel the personal touch of someone that is really care about other people should cope with their HBV.If I look at the writer list of references, probably the writer has already read several books we might have searched and want to read at .It is a must have book. I am glad that this is the book I read first on the topic. I am buying two.

A very well written book by someone who really understands what is is like to have Chronic Hepatitis B. Mr. Green is EXTREMELY informative on ways to cope with the chronic hepatitis B infection. He breaks down the sections of the book by months and describes everything in simple english. He points out the important things to do during the first few months and makes you feel like

you have some control over your illness. After reading this book I realized I was not alone with my symptoms. The book is very comforting and has loads of resources and information on the virus as well as support groups. I have learned how to interpret my own bloodwork and feel knowledgeable enough to sit down with my doctor and ACTUALLY understand everything he is saying. This is a must have book for someone with chronic Hepatitis B!!

A proactive patient who also happens to be a gifted writer writes a gutsy, compassionate and informative book on how to cope with the chronic hepatitis infection.Written for other patients like himself, Will Green’s approach takes the diagnosis step by step and untangles the web of confusion around this virus simply and meticulously.The book is full of helpful observations and inspirational words of wisdom from patients who choose and keep their eye on survival in the face of a life-threatening but also life-affirming predicament.The clinical course of the disease,mechanism of the virus, and treatments good and bad are dissected in simple easy to understand terms.If you or a loved one has chronic Hepatitis B ,I urge you to buy this book.

Whether you are newly diagnosed or have had hepatitis B for a long time, this book is an excellent source of reference and uncommon knowledge about a virus that is confusing to many patients as well as their doctors. More importantly, along with the easy to understand chapters on interpreting your test results and information on seeking treatment, the book is equally devoted to the everyday hurdles of coping with Hepatitis B as a chronic illness. Mr. Green gives a clear and realistic picture of what having Hepatitis B is really like and recognizes the need to be proactive as well as optimistic.

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